

Kindness Capstone Project Implementation • Day 2

During weeks 5-7 of our Kindness Capstone Project we will implement our four different projects while also connecting with each other in class to both share successes and work through challenges that arise. Every Thursday and Friday are reserved for in-class work time.

Weekly Objectives

Students will:

- Implement their Kindness Capstone Project.
- Document their progress in their kindness journals.

Resources / Materials

- LARGE BUTCHER PAPER** (or a large whiteboard etc.)
- MARKERS**

Reflect / Assess

Deliverables:

- Kindness Journal Entry**
How has your overall outlook on our community changed since the beginning of the semester?

- Daily Participation points

DON'T FORGET TO TRACK YOUR COMMUNITY SERVICE HOURS!

Share

Discussion Starter:

- On a scale of 1-10, how confident are you feeling about the positive effect your project is having on the community?
- What would it take to move your rating up a point, or even to a 10/10?



Inspire

Today we will meet in larger groups with each team meeting with one other team. We will use this time to share our community experiences and create a chart highlighting the six kindness concepts and how each team has seen them played out during their project implementation.



During your group processing, keep this question in the forefront of your minds: How have we, as a team, experienced respect in the community? Caring? Inclusiveness? Integrity? Responsibility? Courage?

It is easy to focus on what isn't working. It is more productive to focus on the moments of kindness and love. We cultivate what we sow. If we focus on kindness, we exude kindness. Kindness... pass it on!

Empower

Kindness Concepts in Motion

Divide your class in half with each large group consisting of two project teams.



Write the question on the board:

How have we, as a team, experienced respect in the community? Caring? Inclusiveness? Integrity? Responsibility? Courage?

Each group must go through each kindness concept and list at least three examples collectively.

Allow 15-20 minutes for each large group to compile their list. Review the lists as a class afterwards.

If time allows, let project teams complete work as necessary.