

# Creative Compliment Cards

Genuine compliments help to promote positive self esteem. However, we tend to compliment people on things they are already aware of. In addition, our compliments tend to be at people we look up to, leaving others feeling left out. This project aims to provide compliment cards to those in our school that might get overlooked. While the choice is ultimately up to each student, encourage them to look around and think of the adults and/or students in the school that do a great deal with little encouragement (janitor, receptionist, your class president, etc.)

**Inclusiveness Sub-Concept(s)**

Kindness

**Project Timeframe**

25-30 minutes

**Required Materials**

- Cardstock
- magazines
- basic art supplies

**Step 1:**

As a class, brainstorm people within your school that do a lot to help the school run smoothly. How are these people honored? What about teachers or students that fall into this category? Let's create compliment cards for people in our school that go above and beyond. Our compliments can boost them up!

**Step 2:**

Individually, ask each student who they have chosen to receive a compliment card. Write the person's name down on a piece of paper for them so they have the correct spelling. Make sure you keep a master list of who is receiving a compliment card. You will need this when it is time to deliver them.

**Step 3:**

Allow students time to write their compliment first. To help, have a word bank for students to access as needed. You can also refer back to your Who Are You? bingo boards for additional areas to highlight.

**Step 4:**

Allow students ample time to decorate their cards. This may take 30-45 minutes OR can be stretched out over 2 learning periods.

**Step 5:**

Deliver your compliment cards! This is the best part. If possible, try to find time for each student to individually deliver their cards (pull them out of a special, during recess, use an assistant, etc.).



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AS A RECOMMENDED  
PROGRAM FOR SOCIAL  
AND EMOTIONAL  
LEARNING.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>