

Caring Lapbook

For this project, students are going to make a lapbook about what they have learned in the Caring Unit. The big topics include caring, kindness, self-care, reducing stress, compassion, and empathy. Students can include as many of these topics as they wish or they can focus on the one or two they feel is most important to them. The purpose of the lapbook is to allow students to reflect on and share their learning in a creative and hands-on way.

Caring Sub-Concept(s)

Compassion, Empathy, Kindness

Project Timeframe

25-30 minutes

Required Materials

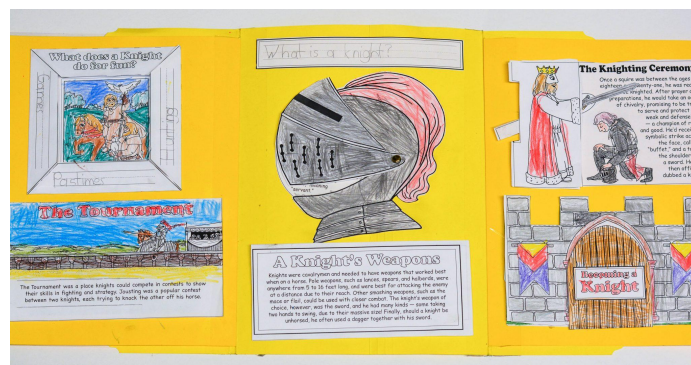
- Folders or large pieces of construction paper
- Scissors
- Markers
- Magazines (for cutting out images/words)
- Lapbook templates (if desired)

Note: Lapbooks really take teacher direction and work best in a large group (or small group if you can manage it!) with the teacher moving around to check progress once he/she has demonstrated the next component. You may want to do 1-3 pieces each session, spending about 30 minutes each session. Total time for a lap book is about 1.5 hours. This tutorial is a good place to start.

<https://www.youtube.com/watch?v=FUAcgXayODg>

You can organize the lapbook materials at a variety of table stations so students can work somewhat cooperatively or you can let students work independently at their desks. Having a model lapbook might be valuable if you have time to create one. Let students know that the goal is for them to share, through their lapbook, what they have learned about caring. You may want to write down the big unit topics on the board to help remind students of the main ideas, but allow them to communicate those ideas in their own way through their books.

Example Lapbook:



You can see others here: [Pinterest: How to Make a Lapbook](#)

Wrap Up:

For additional skills practice, you could have students do a class or small group presentation of their lap book.

Proposed Lesson Outcomes:

Students will create a visual display to demonstrate their understanding of the concept of caring.

Optional Extension Discussion Activity

- Have students do an at-home presentation of their lapbook for parents or guardians; have the parent or guardian sign the book or a sheet you can send home verifying the presentation or, better, have them work on a family definition of “caring” for their home.



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PROGRAM FOR SOCIAL
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The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>