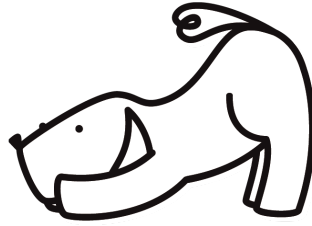


Respect



Hello Parents and Guardians,

Welcome to Unit 1 in our *Kindness in the Classroom* curriculum. For the next 4-6 weeks we will be learning all about RESPECT. Since this is still a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP AT HOME
Self-Respect	<ul style="list-style-type: none">• How can we show ourselves respect?• How do we treat ourselves with kindness?	Talk with your child about the importance of respecting yourself in everything you think, say, and do! Respect starts with YOU.
Respect for Others	<ul style="list-style-type: none">• How do we treat our classmates, our family, our friends?• How do our words and actions affect others?	Help your child look at how they use kind words and actions to show respect for others in their immediate world.
Respect for Our School	<ul style="list-style-type: none">• How do we care for our classroom and the things in it?• How do we show respect for our school?	Talk with your child about the importance of respecting school property, including school supplies, technology (like computers/tablets), and playground toys.

Key activities we'll be doing:

- Identify boundaries in our classroom using tape and shapes.
- Explore personal boundaries using hula hoops.
- Work together to create art.
- Create useful clean-up guidelines for our centers.

If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!

Sincerely,

TRY THIS AT HOME!

Try the Hula Hoop activity with others in your home. Using a hula hoop or other circular object (rope, hose, etc.) decide how close others can come to you before you feel like they are "in your bubble". Have a conversation with everyone to discuss personal boundaries based on your findings.