

Kindness Capstone Project Implementation • Day 2

During weeks 5-7 of our Kindness Capstone Project we will implement our four different projects while also connecting with each other in class to both share successes and work through challenges that arise. Every Thursday and Friday are reserved for in-class work time.

Weekly Objectives

Students will:

- Implement their Kindness Capstone Project.
- Document their progress in their kindness journals.

Resources / Materials

- GROUP DEMOGRAPHIC PROFILES** (see below)

Reflect / Assess

Deliverables:

- Kindness Journal Entry**
Have you ever struggled to find common ground with someone in the community? Were you able to overcome it? If not, how could you now, using the tools we've learned in class?
- Daily Participation points

DON'T FORGET TO TRACK YOUR COMMUNITY SERVICE HOURS!

Share

Discussion Starter:

- What has been the easiest part of your project? Why?
- Which kindness concepts have you utilized the most during your project implementation? Which ones have you seen demonstrated out in the community?



Inspire

Today we will examine how different perspectives change how a person analyzes a situation. Much of what we encounter in the community are roadblocks due to a lack of common understanding and interpretation of a topic. Today's activity will allow you to put yourself in another person's shoes and then reexamine a common situation through their perspective.

Make sure you completely embrace the role you are assigned.

This includes:

- Age
- Family Dynamics
- Cultural Background
- Finances



Empower

See It From My Point of View Activity

Divide the class up into randomized small groups. Assign each group one of the group demographic profiles (see below). They will create a role play illustrating their interpretation of the following shared experience:

Every group has found themselves lost in Manhattan.

Remind students to use all six kindness concepts as they create their role plays. Any rude, derogatory, or defaming comments or behavior will not be tolerated.

Allow each group 5-10 minutes to create their role play. Make sure each group has time to present their role play.

Afterwards, process how each role play was wildly different. How we interpret a situation is very dependent on where we are coming from. Keep this in mind as we continue our community-based projects. Some people that seem negative may just see your project as a contrast to what they have always known. Your challenge is to find common ground wherever possible!



Group Demographic Profiles

1. You are a group of farmers from the midwest. You have never been outside of your hometown and you know everyone extremely well in your group. You are feeling apprehensive about the big city as your parents have told you many stereotypical things about the city (high crime, mean people, etc.) over the years.
2. You are a large family from the west coast. You travel frequently, but many people comment on your large family size, so sometimes you break up into smaller groups to avoid the comments. You are not worried about money, but you are worried that New York City will not really be able to accommodate your entire family at restaurants, shows, etc.
3. You are a random group of students that have all arrived as a part of a domestic exchange program. You have never met any of the other students in your group, although you are excited to be in New York City, where all the action is!
4. You are a large group of older people that came to tour different real estate investment opportunities for interested investors back in California. You are unimpressed with the fact that you are lost and your agent has yet to reach out.
5. You are a group of children ages 7-10. You were on a school field trip downtown and you live in the outlying 4 boroughs of New York City. You are familiar with public transportation, but you are not entirely sure how to get home or how to contact your family. Some of you may have pocket change, but none of you have enough money to call a cab, etc.
6. You are a group of moms and dads that are touring the city's college campuses with your teens. You are excited as your teen will be the first person in your family to graduate college and you want to make sure they make a choice that meets them where they can best thrive.