



# Inclusiveness

## Sub-Concepts Covered: Equity, Fairness, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This is the third unit of the *Kindness in the Classroom* curriculum. By combining the respect and caring concepts previously learned, students will explore inclusiveness, fairness and equity from both a personal and communal perspective. This can quickly become a hot topic within today's environment, so it is extremely important to set up a safe space for students to share and discuss their own thoughts and opinions.

## Unit Objective

Students will:

- Define inclusiveness as it applies to both themselves and to their community as a whole.
- Evaluate their immediate surroundings through a lens of equity and fairness.
- Practice inclusiveness as they work together to create a safe classroom space for everyone.

## Student Introduction

Inclusiveness—this just means include everyone right? In the younger grades, this simplistic definition was all that was needed. However, as we grow up, this term has many levels of understanding. This unit will explore inclusiveness through a lens of fairness and equity. Keep an open mind and be prepared to learn something new about both the successes and struggles of those around you and within this community. Our focus during this unit includes:

- Inclusiveness
- Creating Safe Spaces
- Fairness vs. Equality

## Unit Lessons

Main Lesson Title	Weekly Objectives	Main Lesson Materials	Mini Lessons
<b>Lesson 1</b> Friendship vs. Clique: Evaluating our Level of Inclusiveness	<ul style="list-style-type: none"> <li>Define inclusiveness.</li> <li>Compare and contrast friendship and clique.</li> <li>Evaluate levels of inclusiveness both socially and personally.</li> </ul>	<ul style="list-style-type: none"> <li>Clique Survey (can print copies or simply read the questions/KEY out loud)</li> </ul>	<p><u>Small Group</u>- How Are We Doing?</p> <p><u>Partner</u>- Introduction Speeches</p> <p><u>Individual</u>- Self-Reflection</p> <p><u>Technology Focus</u>- FOMO &amp; Social Media</p>
<b>Lesson 2</b> Is it Fair, Equitable, Both, or Neither?	<ul style="list-style-type: none"> <li>Understand the definitions of fairness and equity.</li> <li>Identify situations of fairness and equity.</li> <li>Evaluate how media influences our perception of inclusion, fairness, and equity.</li> </ul>	<ul style="list-style-type: none"> <li>Situation Handout</li> </ul>	<p><u>Small Group</u>- Fairness Fix-It</p> <p><u>Partner</u>- The Power of Words</p> <p><u>Individual</u>- Responding to Unfair Situations</p> <p><u>Technology Focus</u>- Media Analysis</p>
<b>Lesson 3</b> Be An Upstander	<ul style="list-style-type: none"> <li>Understand the role of an upstander.</li> <li>Practice upstander behaviors.</li> <li>Discuss bullying behavior and how to be more inclusive in situations where people are being bullied or intentionally excluded.</li> </ul>	<ul style="list-style-type: none"> <li>Whiteboard or other device to play the movie clip (could mean securing the DVD and a DVD player / TV combo)</li> </ul>	<p><u>Small Group</u>- Upstander Role-Play</p> <p><u>Partner</u>- Upstander Acrostic</p> <p><u>Individual</u>- Upstander Reminder</p> <p><u>Technology Focus</u>- Does Bullying Really Bother Us?</p>
<b>Lesson 4</b> Making Inclusive School Spaces	<ul style="list-style-type: none"> <li>Evaluate the school environment for inclusive design.</li> <li>Evaluate the school culture for inclusivity.</li> </ul>	<ul style="list-style-type: none"> <li>Large sticky notes or large pieces of butcher/poster paper taped to the wall</li> <li>Dark markers for writing on the notes</li> <li>Timer to keep group work on time</li> </ul>	<p><u>Small Group</u>- Inclusiveness Obstacle Course</p> <p><u>Partner</u>- Classroom Inspection</p> <p><u>Individual</u>- Walk A Mile</p> <p><u>Technology Focus</u>- Evaluating Tech</p>

## Unit Project

Project Title	Project Overview	Materials Required
New Student Welcome Packet	The class will work together to design and develop a welcome packet that can be given to new students who join the class. The overall goal is to help new students feel welcome from their first day and for the rest of the school year!	<ul style="list-style-type: none"><li><input type="checkbox"/> Paper and art supplies</li><li><input type="checkbox"/> Computer and print access</li><li><input type="checkbox"/> Packet assembly materials (could be as simple as a manilla envelope, but could be a 3-ring binder or something more robust)</li></ul>