

# JULY 2025

Spread Positivity Online



**RANDOM ACTS OF KINDNESS**  
FOUNDATION®

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29	30	1	2	3	4	5																																																																																																																
		Share a motivational quote.	Highlight a friend or family members achievement.	Post a tip that has helped you.	<b>Celebrate Independence with Kindness: Become a RAKtivist!</b>	Post a thank-you message to someone who has helped you.																																																																																																																
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Share a fun fact related to a subject you love!	Post a picture of your favorite animal. Mine is a platypus.	Post a picture of your cozy space and why you like it.	Share a favorite memory.	Post an encouraging message about this time of year.	Share tips for staying organized.	Highlight your own creative project.																																																																																																																
13	14	15	16	17	18	19																																																																																																																
Share a positive story.	Organize an event to create Warm Weather Care kits using our RAKtivist toolkit.	Share a favorite picture.	Highlight an inspiring story.	Post a funny joke.	Share tips for making new friends.	Post a picture of an activity you enjoyed.																																																																																																																
20	21	22	23	24	25	26																																																																																																																
Highlight a tradition and why it's special.	Share a positive change you've seen this year.	Post an encouraging message.	Highlight a community service project.	Share a personal achievement.	Post a thank-you message to your friends and/or family for their support.	Share your favorite kindness story.																																																																																																																
27	28	29	30	31	<table border="0"> <thead> <tr> <th colspan="7">JUNE</th> <th colspan="7">AUGUST</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td> <td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td>1</td><td>2</td> </tr> <tr> <td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> </tr> <tr> <td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> <tr> <td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> </tr> <tr> <td>29</td><td>30</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> </tr> <tr> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td> <td>31</td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td> </tr> </tbody> </table>		JUNE							AUGUST							S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	1	2	3	4	5	6	7	27	28	29	30	31	1	2	8	9	10	11	12	13	14	3	4	5	6	7	8	9	15	16	17	18	19	20	21	10	11	12	13	14	15	16	22	23	24	25	26	27	28	17	18	19	20	21	22	23	29	30	1	2	3	4	5	24	25	26	27	28	29	30	6	7	8	9	10	11	12	31	1	2	3	4	5	6
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Highlight a school's sports team and their positive impact.	Post a picture of a favorite book.	Share a playlist that helps you focus.	Highlight a teacher's advice that helped you.	Share a tip for dealing with stress in a healthy way.																																																																																																																		