# KINDNESS BOOKMARKS TOOLKIT

Join the RAKtivist community in spreading kindness by creating personalized kindness bookmarks and hiding them in public libraries and school libraries for random visitors to discover. **Let's share the joy of random acts of kindness with our community!** 

#### 1. Gather Supplies

Collect colorful paper or card stock, markers, pens, stickers, and any other decorative items you'd like to use.

\*Make sure to use flat materials & avoid gems, beads, etc.

#### 2. Design and Decorate

Get creative with designing your bookmarks! Write kindness messages or quotes, add colorful decorations, and make each bookmark unique and special.

\*Find inspiration with <u>daily dose of kindness</u> and <u>kindness quotes</u>.

#### 3. Hide Your Bookmarks

Take your finished bookmarks to a school library, local libraries or bookstores. Hide them between the pages of books, on shelves, or in other unexpected places where visitors are likely to find them.

\*Remember to ask permission before hiding.

#### 4. Spread the Word

Share your kindness activity on social media or within your community to encourage others to participate. Invite friends, family, or classmates to join in creating and hiding bookmarks.

\*Include #RAKtivist when sharing.

In a world where you can

be anything, be kind!

## 5. Spread Kindness

As people discover your hidden bookmarks, they'll be greeted with messages of kindness and encouragement, spreading positivity throughout the community.

#### 6. Reflect and Share

Take a moment to reflect on the impact of your kindness activity. Share your experience with others and inspire them to continue spreading kindness by becoming part of the RAKtivist community.

## 7. Repeat

Consider making this activity a regular occurrence or participating in other acts of kindness throughout the year. Every small act of kindness makes a difference in the world.



-Clare Pooley

# make kindness the norm:

randomacts of kindness.org

RANDOM ACTS OF KINDNESS FOUNDATION®

Share the joy with others and inspire them to spread kindness in their own way. Together, we can make kindness the norm in our communities by hiding kind notes for strangers to find and encouraging them to do the same. Note: please ask permission before placing kindness bookmarks in libraries.